

Destination Community Collaboration

Systems Change Requires Systems Thinking
and Systems Leadership

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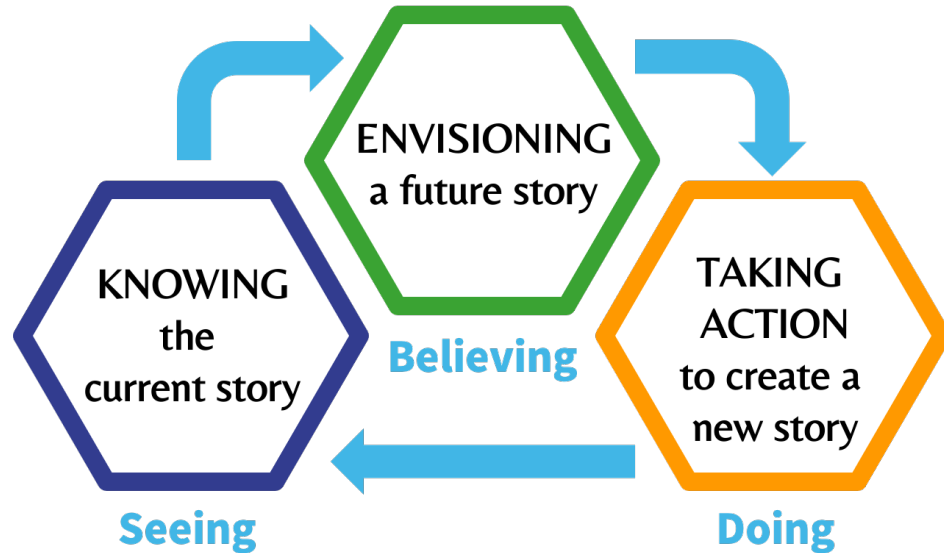
Presentation Focus

- What are systems?
- The role of mental models
- The value of a systems approach
- Creating systems change
- Becoming a systems thinkers
- Systems leadership in collaboration



Engaging and supporting leaders through a journey

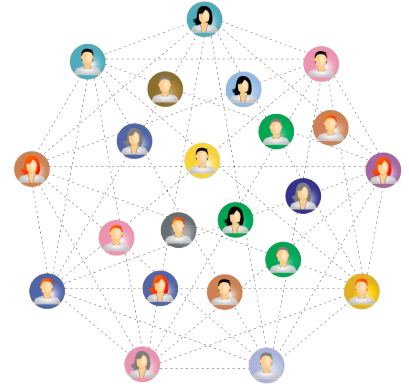
A SYSTEMS APPROACH IN COMMUNITIES



GLOSSARY DEFINITION:

system NOUN

¹ : a regularly interacting or interdependent group of items forming a unified whole



What is a system?

What are some examples of a system?

○ **A vehicle**

○ **The ecosystem of monarch butterflies**

○ **A hospital**

○ **A government**

○ **A school**

○ **The human body**

○ **A home**

○ **The banks**

○ **Others....**

Four fundamentals re: systems

- 1. Synthesis:** Consider the whole and the parts at the same time. The whole is greater than the sum of its parts.

$$1 + 1 = 3$$

2.

3.

4.

What is this?

PRACTICING



<https://www.insider.com/close-up-photos-everyday-objects-2018-11> | JUPER Communications, LLC. and Maximize NWMO | Communities of Excellence 2026

Part of a Bell Pepper

PRACTICING



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Four fundamentals re: systems

1. **Synthesis:** Consider the whole and the parts at the same time. The whole is greater than the sum of its parts.
2. **The parts have their own job but they communicate and react to the other parts of the whole. There are constant feedback loops.**
- 3.
- 4.



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Making Bread...EXAMPLE OF A SYSTEM



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Four fundamentals re: systems

1. **Synthesis:** Consider the whole and the parts at the same time. The whole is greater than the sum of its parts.
2. The parts have their own job but they communicate and react to the other parts of the whole. There are constant **feedback loops**.
3. The whole and parts are **cyclical**.
- 4.



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A Snapshot of a System

Sky Pond in Rocky Mountain National Park in the Summer and Winter



<https://dayhikesneardenver.com/sky-pond-rocky-mountain-national-park/> | <https://sonjasaxe.com/blog/2017/1/11/winter-hike-to-sky-pond> | JUPER Communications, LLC. and Maximize NWMO | Communities of Excellence 2026

Four fundamentals re: systems

1. **Synthesis:** Consider the whole and the parts at the same time. The whole is greater than the sum of its parts.
2. The parts have their own job but they communicate and react to the other parts of the whole. There are constant **feedback loops**.
3. The whole and parts are **cyclical**.
4. The results of a system are created by **shared mental models**.



GLOSSARY DEFINITION:

mental model NOUN

¹ : what an individual believes they know about a system.

<https://www.nngroup.com/articles/mental-models/>

² : explanation of how something works; overarching term for any sort of concept, framework, or worldviews that an individual has in their thoughts that help make sense of a situation.

<https://jamesclear.com/mental-models>

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An Example of Two Mental Models

Not Shared
(UNALIGNED)

IT'S GOING TO
BE SO
EXPENSIVE
AND MESSY!

THIS PUPPY IS
SO CUTE AND
LOVEABLE!



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A Shared Mental Model

Shared
(ALIGNED)



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Creating shared mental models

- 1. Ask question and stay curious about the answers.**
- 2. Engage people with different knowledge of the parts to contribute their perspective and experience.**
- 3. Express a learning attitude (growth mindset).**
- 4. Integrate the perspectives and knowledge of each part with the intention of seeing how they fit together to create something unique – the system in which all parts exist.**

GLOSSARY DEFINITION:

community NOUN

- ¹ : can be defined in several ways that either promote inclusivity or polarization
- ² : geographic place that has a set of systems that must all function together to achieve optimal performance



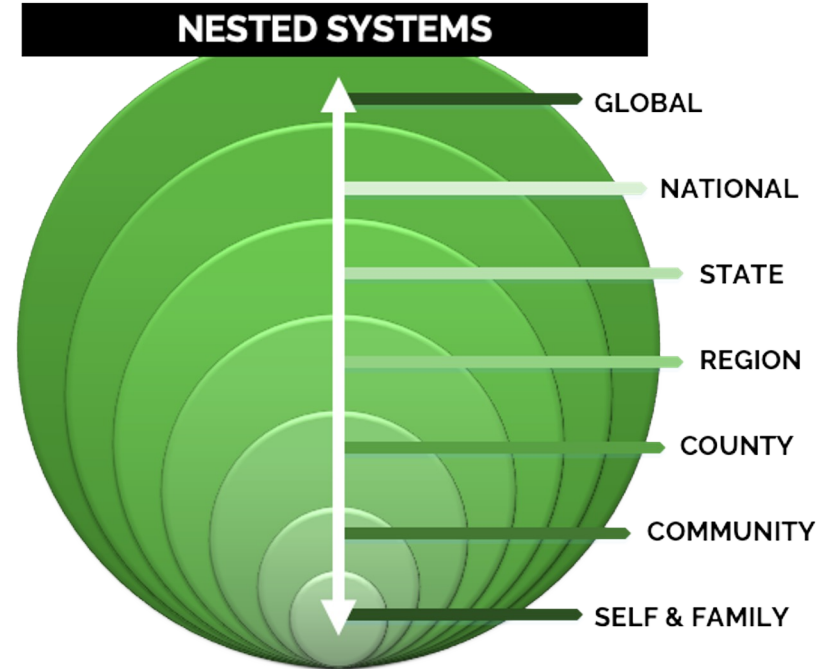
Communities are Collaborative Systems or Networks

How many networks exist in these photos?



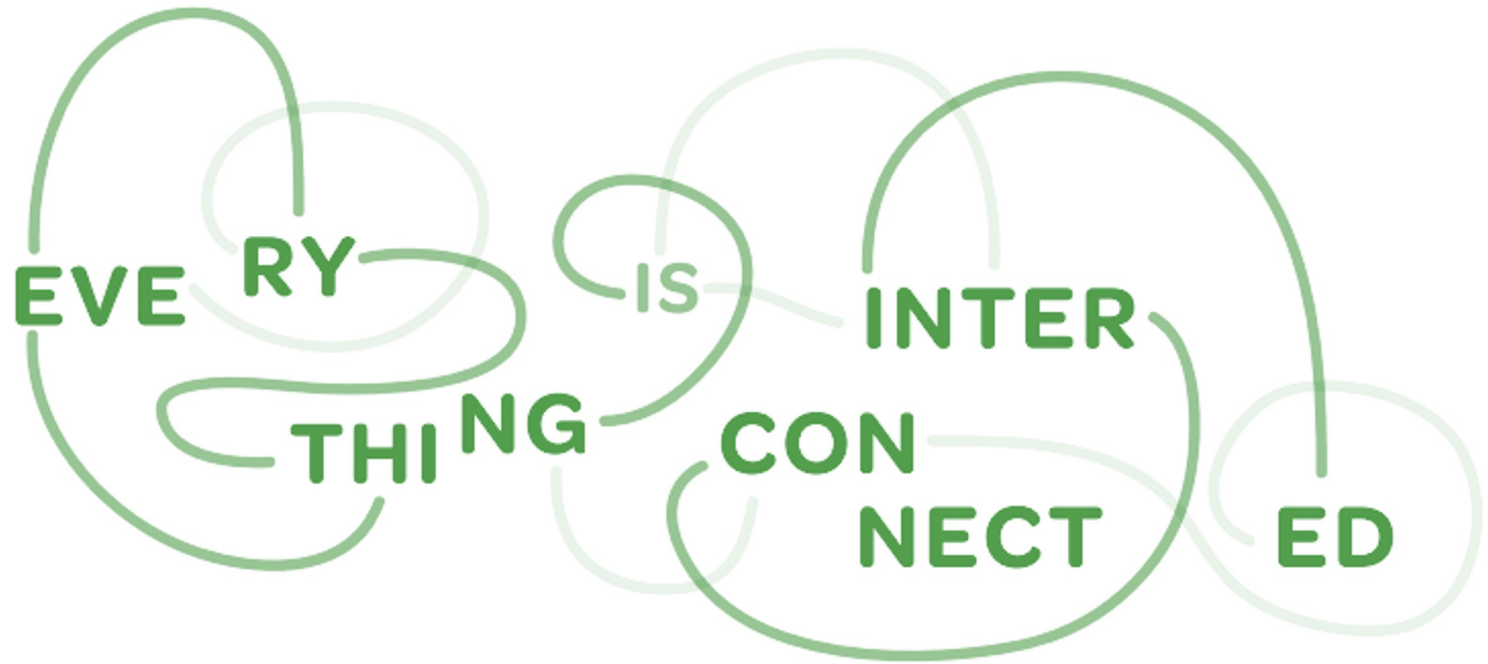
Community Systems are Nested

- ⬡ **Systems exist inside systems**
- ⬡ **Systems often replicate themselves**
- ⬡ **Looking wider and deeper can be helpful in finding the root cause of a problem**



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The point of all this systems talk



Every system is interconnected



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- ⬡ What systems are you a part of in your community?
- ⬡ How do each of your systems interconnect?

Why a systems approach?

FOUNDATION STATEMENT



communitiesof*excellence*²⁰²⁶

“For America to sustain its vitality, promote opportunity, and create a more equitable society during its second 250 years of existence, we must improve the performance of communities and the people who lead and live in them.”

A Proven Systems Approach

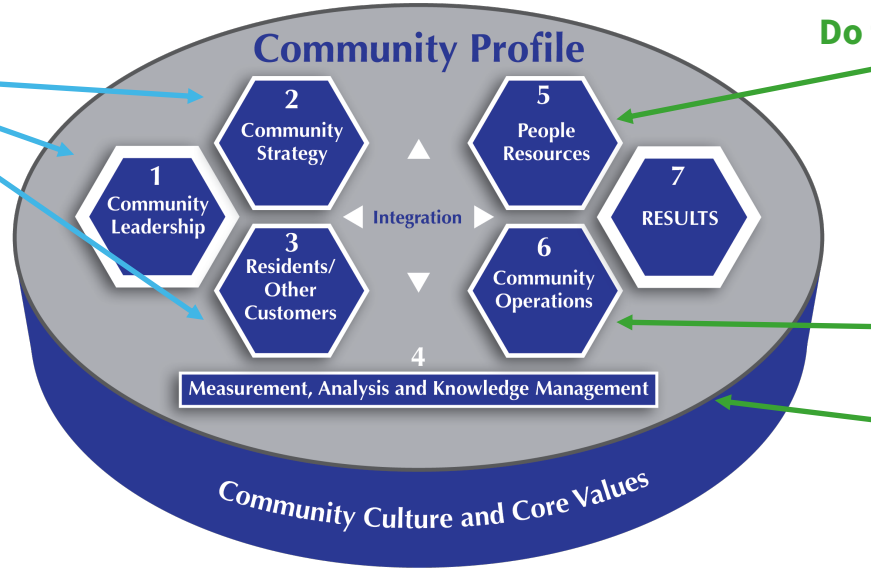
Baldrige Adapted for Communities

communities of excellence²⁰²⁶

Framework

LEADERSHIP:
Do the right
thing

MANAGEMENT:
Do things right

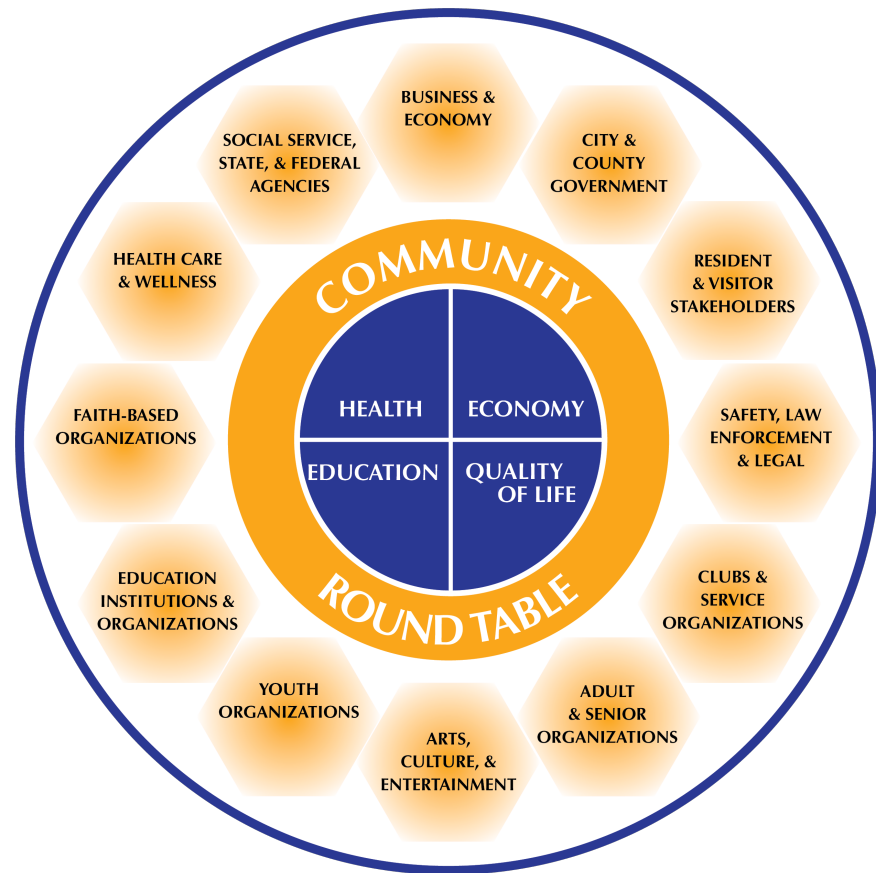


Adapted from the Baldrige Performance Excellence Program, 2015. 2015-2016 Baldrige Excellence Framework: A Systems Approach to Improving Your Organization's Performance. Gaithersburg, MD: U.S. Department of Commerce, National Institute of Standards and Technology. <http://nist.gov/baldrige>. - UPDATED 6.2020

A Community's Story Includes Everyone

The framework highlights:

- ⬡ **Interconnected reality of communities**
- ⬡ **Encourages inclusivity**
- ⬡ **Empowers interactive decision-making with many voices involved**



Leadership Wisdom

“The fundamental rule of our national life, the rule which underlies all others, is that on the whole, and in the long run, we shall go up or down together.”

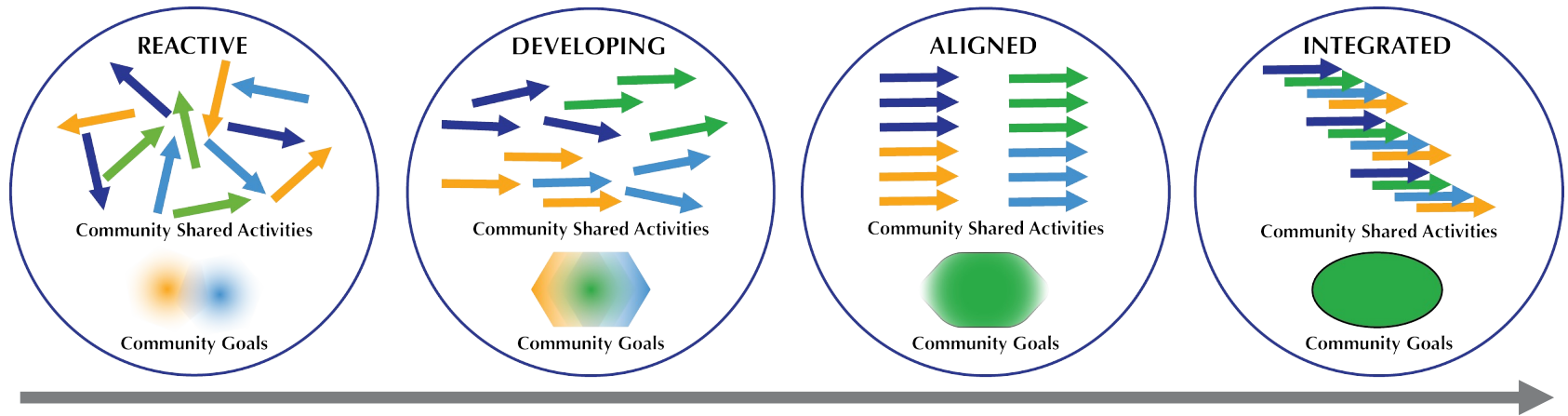


—President Theodore Roosevelt, Jr., 1901,
26th President of the United States, writer, and explorer

Photo credit: Official White House portrait by John Singer Sargent

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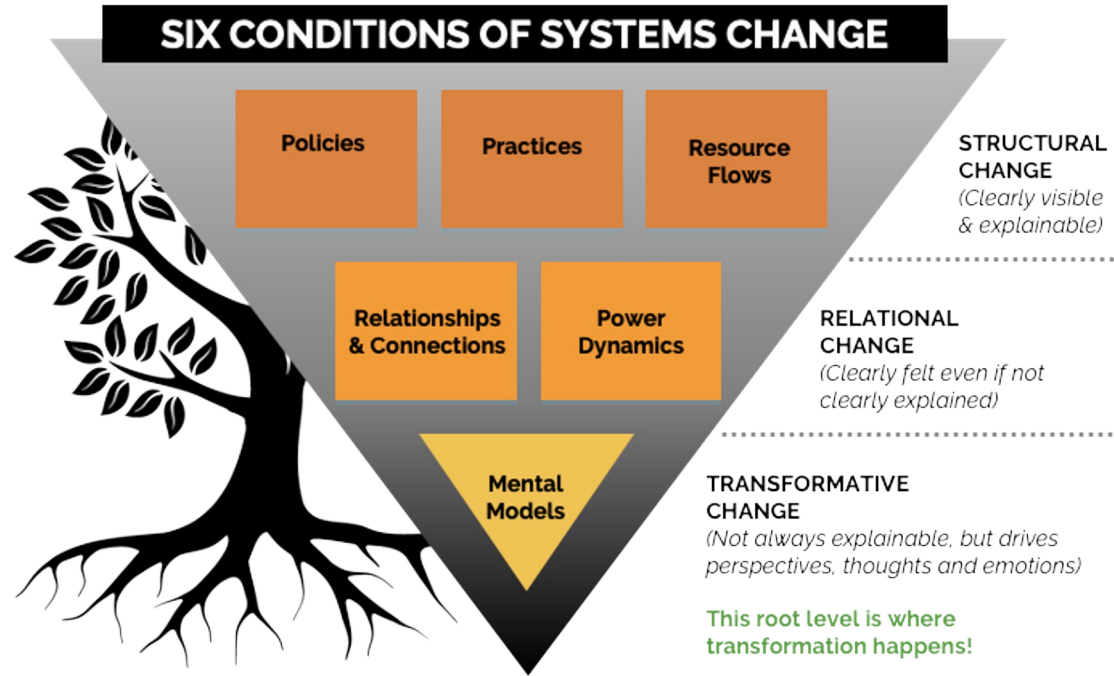
Growing Knowledge, Involvement, and Commitment to Purposeful Performance Excellence



The Communities of Excellence Framework | JUPER Communications, LLC. | Communities of Excellence 2026

Creating Systems Change

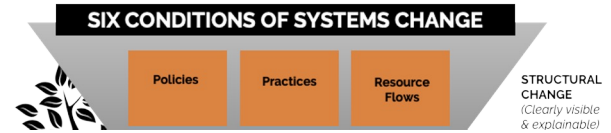
Transformative Change Starts With Our Mental Models



Adapted from the https://www.fsg.org/publications/water_of_systems_change | JUPER Communications, LLC, and Maximize NWMO | Communities of Excellence 2026

Structural Change

A REQUIREMENT OF SYSTEMS CHANGE



Policies

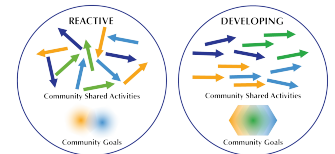
Government, institutional & organizational rules, regulations and priorities that guide the entity's own and other's actions

Practices

Espoused activities of institutions, coalitions, networks & other entities targeted to improving social and environmental progress. ALSO, within the entity, the procedures, guidelines, or informal shared habits that comprise their work

Resource Flows

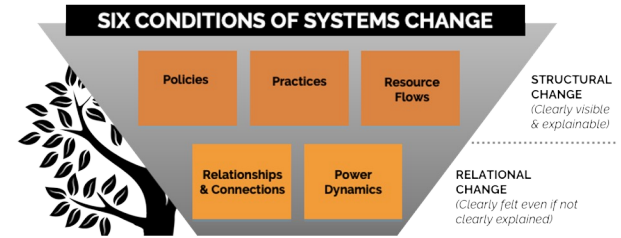
How money, people, knowledge, information & other assets such as infrastructure are allocated and distributed



Adapted from the https://www.fsg.org/publications/water_of_systems_change | JUPER Communications, LLC. and Maximize NWMO | Communities of Excellence 2026

Relational Change

A REQUIREMENT OF SYSTEMS CHANGE



Relationships & Connections

Quality of connections and communication occurring among actors in the system, especially among those with differing histories and viewpoints

Power Dynamics

The distribution of decision-making power, authority and both formal and informal influence among individuals and organizations



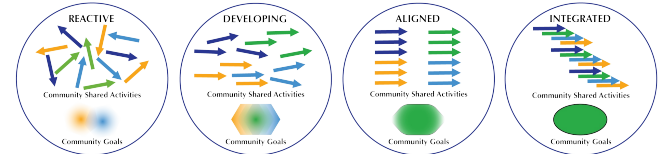
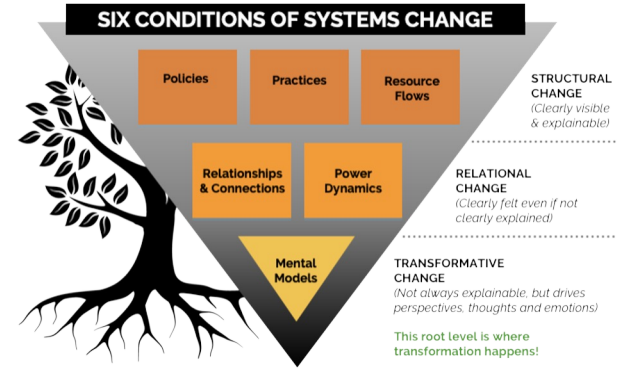
Adapted from the https://www.fsg.org/publications/water_of_systems_change | JUPER Communications, LLC. and Maximize NWMO | Communities of Excellence 2026

Transformative Change

A REQUIREMENT OF SYSTEMS CHANGE

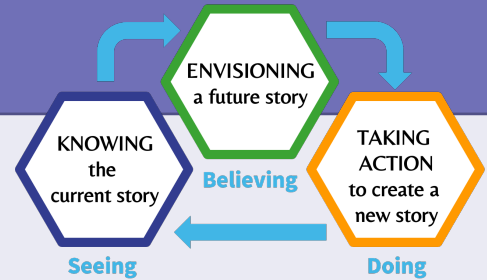
Mental Models

The distribution of decision-making power, authority and both formal and informal influence among individuals and organizations



Adapted from the https://www.fsg.org/publications/water_of_systems_change | JUPER Communications, LLC, and Maximize NWMO | Communities of Excellence 2026

Leadership Wisdom



“Attempting to foster systems change without building the capacity to ‘see’ systems leads to a lot of talk and very little results.”

—*The Water of Systems of Change* by Kania, Kramer, and Senge

GLOSSARY DEFINITION:

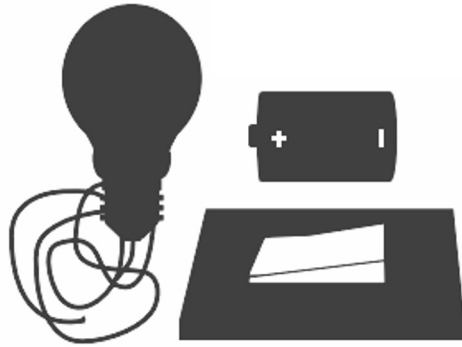
systems thinking NOUN

¹ : understanding a system by examining the linkages and interactions between the elements that compose the entirety of the system

https://educators.brainpop.com/wp-content/uploads/2014/07/IOP_QDesignPack_SystemsThinking_1.0.pdf | JUPER Communications, LLC. and Maximize NWMO | Communities of Excellence 2026

Systems Thinking

What a System Is and What it Isn't



This is a heap.

Nothing changes when a part is taken away or added to this heap.



This is a system.

Change definitely happens if you add or take away a part of this system. The interconnection and interdependence is the difference.

Example of Systems Thinking

PERSONAL

You wonder how you can stop feeling so tired every day.



NOT A SYSTEMS THINKER

- **Decide** to drink more coffee/caffeine to increase energy.



A SYSTEMS THINKER

- **List** all factors involved with your tiredness.
- **Diagram** how drinking coffee affects your energy as well as sleep.
- **Identify** that coffee interferes with your sleep and that makes you more tired..
- **Decide** to stop drinking caffeine.

Example of Systems Thinking

COMMUNITY

Students wonder how to keep their school from being closed.



NOT A SYSTEMS THINKER

- **Think** of 1-2 reasons why the school is being closed.
- **Talk** to the principal about those reasons and see if she/he can stop the school from being closed.



A SYSTEMS THINKER

- **List** all factors involved in decision.
- **Group** the factors by similarities.
- **Identify** the largest group of factors and create a map of those showing how they are related to one another.
- **Find** places on the map where a specific change might improve the school.
- **Share** and present these changes at a school board meeting.

InstituteofPlay.org - Q Design Pack Systems Thinking | JUPER Communications, LLC. and Maximize NWMO | Communities of Excellence 2026

Habits of Systems Thinkers

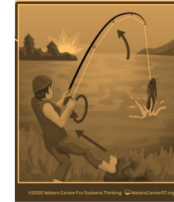
Thoughts, attitudes, and behaviors



Seek to understand the big picture



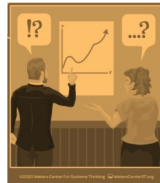
Identify cause and effect relationships



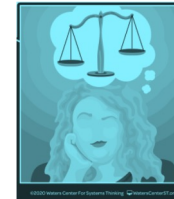
Find leverage points to change a system



See patterns/trends in systems



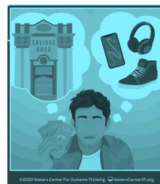
Surface and test assumptions



Resist making quick conclusions



Recognize how a system's structure causes its behavior



Find where unintended consequences might arise



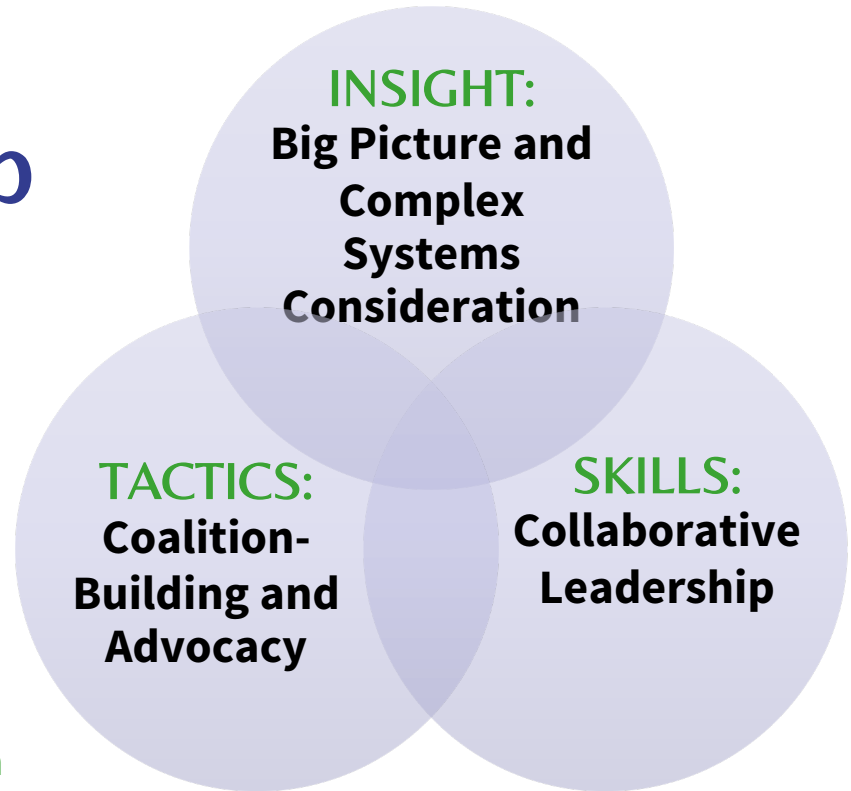
Change perspectives to increase understanding

- ⬡ What is the value in becoming a systems thinker?
- ⬡ What is challenging in developing these systems thinking habits for effective systems change?

Key Elements of Systems Leadership

Understanding Complexity, Coalition-building, and Collaboration

Systems change initiatives are often driven by people who are able to catalyze and empower collective action among other, rather than controlling or directing the action themselves. These people are systems leaders.



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Systems Leadership Summary

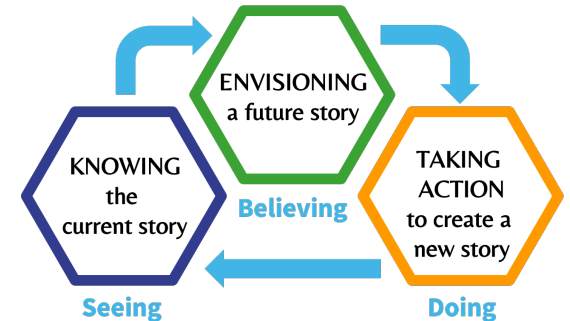
Before we get started on the journey it is helpful to acknowledge:

⬡ **There is a system in place for “how things get done around here.”**
How well is it working?
Are we getting the results we want?

⬡ **To create the results we want, we must first understand how the system is getting the results we experience now.**

⬡ **To achieve different results, the system must change.**

⬡ **We can be far more effective when we work together across seen and unseen lines of boundary.**



Resources

The following websites and publications are referenced in this presentation and offer further information and learning opportunities:

The Communities of Excellence Framework, Communities of Excellence 2026,
<https://communitiesofexcellence2026.org/what-we-do/framework.html>

The Water of Systems Change by John Kania, Mark Kramer, Peter Senge,
https://www.fsg.org/publications/water_of_systems_change

Q Design Pack on Systems Thinking, https://educators.brainpop.com/wp-content/uploads/2014/07/IOP_QDesignPack_SystemsThinking_1.0.pdf

Waters Center for Systems Thinking, WatersCenterST.org

Thank you!

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